Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Birthday! 1st Betty Brown 3rd Gloria Engle 4th Beatrice ores 4th Jean Glose 4th Dale Snyder 6th Patricia Yost 11th Mark Reitz 12th Dianne Ceschin 14th Jean Smith 19th Becky Weisback 27th Betty Bernhardt	10:00 Stretchersize 10:30 Devotions and The Daily Chronicle 11:00 Soothing Music w/Lunch 2:00 Crafting Corner	10:00 Sit & Swing 10:30 Devotions and The Daily Chronicle 11:00 Soothing Music w/Lunch 2:00 Bingo- A Side & C Side Groundhog Day	10:00 Exercise 10:30 Devotions and The Daily Chronicle 11:00 Soothing Music w/Lunch 2:00 Nail Care	10:00 Chair Zumba 10:30 Devotions and The Daily Chronicle 11:00 Soothing Music w/Lunch 2:00 Bingo- Upper C & B Side	10:00 Let's Move 10:30 Devotions and The Daily Chronicle 11:00 Soothing Music w/Lunch 2:00 Happy Hour Cart	10:00 Lean Mean Senior Machine 10:30 Devotions and The Daily Chronicle 11:00 Soothing Music w/Lunch 1:30 Movie Matinee
10:00 Lutheran Services with Pastor Sam 10:15 Hymn Singing 11:00 Soothing Music w/Lunch 2:00 Super Bowl Party Cart	10:00 Stretchersize 10:30 Devotions and The Daily Chronicle 11:00 Soothing Music w/Lunch 2:00 Crafting Corner	10:00 Sit & Swing 10:30 Devotions and The Daily Chronicle 11:00 Soothing Music w/Lunch 2:00 Bingo- Upper C & B Side	10:00 Exercise 10:30 Devotions and The Daily Chronicle 11:00 Soothing Music w/Lunch 2:00 Nail Care	11 10:00 Chair Zumba 10:30 Devotions and The Daily Chronicle 11:00 Soothing Music w/Lunch 2:00 Bingo- A Side & C Side	10:00 Let's Move 10:30 Devotions and The Daily Chronicle 11:00 Soothing Music w/Lunch 2:00 Chinese New Year Cart	10:00 Lean Mean Senior Machine 10:30 Devotions and The Daily Chronicle 11:00 Soothing Music w/Lunch 1:30 Movie Matinee
14 10:00 Lutheran Services with Pastor Sam 10:15 Hymn Singing 11:00 Soothing Music w/Lunch 2:00 Valentine's Day Cart	10:00 Stretchersize 10:30 Devotions and The Daily Chronicle 11:00 Soothing Music w/Lunch 2:00 Crafting Corner	10:00 Sit & Swing 10:30 Devotions and The Daily Chronicle 11:00 Soothing Music w/Lunch 2:00 Mardi Gras Cart	10:00 Exercise 10:30 Devotions and The Daily Chronicle 11:00 Soothing Music w/Lunch 2:00 Nail Care	18 10:00 Chair Zumba 10:30 Devotions and The Daily Chronicle 11:00 Soothing Music w/Lunch 2:00 Bingo- Upper C & B Side	10:00 Let's Move 10:30 Devotions and The Daily Chronicle 11:00 Soothing Music w/Lunch 2:00 Happy Hour Cart	10:00 Lean Mean Senior Machine 10:30 Devotions and The Daily Chronicle 11:00 Soothing Music w/Lunch 1:30 Movie Matinee
10:00 Lutheran Services with Pastor Sam 10:15 Hymn Singing 11:00 Soothing Music w/Lunch 2:00 Bingo- A Side & C Side	10:00 Stretchersize 10:30 Devotions and The Daily Chronicle 11:00 Soothing Music w/Lunch 2:00 Crafting Corner	2.	2	10:00 Chair Zumba 10:30 Devotions and The Daily Chronicle 11:00 Soothing Music w/Lunch 2:00 Bingo- A Side & C Side	10:00 Let's Move 10:30 Devotions and The Daily Chronicle 11:00 Soothing Music w/Lunch 2:00 Happy Hour Cart	10:00 Lean Mean Senior Machine 10:30 Devotions and The Daily Chronicle 11:00 Soothing Music w/Lunch 1:30 Movie Matinee
10:00 Lutheran Services				2021		







Whitehall Manor
Personal Care and Assisted Living

