

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2021

Whitehall Manor Personal Care and Assisted Living



																				
<p>10:00 Lutheran Services with Pastor Sam 10:15 Hymn Singing 11:00 Soothing Music w/Lunch 2:00 Bingo- Upper C & B Side</p> <p style="text-align: right;">3</p>	<p>10:00 Stretchersize 10:30 Devotions and The Daily Chronicle 11:00 Soothing Music w/Lunch 2:00 Crafting Corner</p> <p style="text-align: right;">4</p>	<p>10:00 Sit & Swing 10:30 Devotions and The Daily Chronicle 11:00 Soothing Music w/Lunch 2:00 Bingo- A Side & C Side</p> <p style="text-align: right;">5</p>	<p>10:00 Exercise 10:30 Devotions and The Daily Chronicle 11:00 Soothing Music w/Lunch 2:00 Nail Care</p> <p style="text-align: right;">6</p>	<p>10:00 Chair Zumba 10:30 Devotions and The Daily Chronicle 11:00 Soothing Music w/Lunch 2:00 Bingo- Upper C & B Side</p> <p style="text-align: right;">7</p>	<p>10:00 Let's Move 10:30 Devotions and The Daily Chronicle 11:00 Soothing Music w/Lunch 2:00 Happy Hour</p> <p style="text-align: right;">8</p> <p style="text-align: center;"><small>New Year's Day</small></p>	<p>10:00 Lean Mean Senior Machine 10:30 Devotions and The Daily Chronicle 11:00 Soothing Music w/Lunch 1:30 Movie Matinee</p> <p style="text-align: right;">9</p>														
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Activity Calendar is Subject to Change and Modified for the Safety of our Resident.